

MSHSL Section 7AA Championships
Timing by Hero's Timing
North Branch HS - 5/28/2025 to 5/31/2025
Results

Event 200 Girls 100 Meter Dash

Section: S 12.56 6/1/2024 Zeija Moore, Duluth Denfeld					
12.61 QUAL State Qualifier					
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Adaeze Enemuoh	12	Hermantown	12.66Q	NWI	4
2 Zeija Moore	8	Duluth Denfeld	12.82Q	NWI	3
3 Sophie Folkestad	11	Proctor	12.89Q	NWI	5
4 Bene` Smith	12	Chisago Lakes	13.12Q	NWI	2
5 Kendra Warren	12	Chisago Lakes	13.35Q	NWI	1 13.348
6 Ava Major	9	Grand Rapids	13.35q	NWI	2 13.343
7 Precilia Kpoo	11	Totino-Grace	13.46q	NWI	2
8 Abigail Theien	12	Hibbing	13.60q	NWI	3
9 Ella Dick	11	North Branch Area	13.63	NWI	5
10 Ly'Niah Bledsoe	9	Fridley	13.66	NWI	4 13.658
11 Eva Elnes	9	Hermantown	13.66	NWI	1 13.659
12 Kallie Kopp	11	North Branch Area	13.76	NWI	4
13 Rachel Halseth	8	North Branch Area	13.77	NWI	4
14 Andrea Petroske	12	Hibbing	13.79	NWI	2 13.784
15 Olivia Tapp	10	Totino-Grace	13.79	NWI	1 13.785
16 Lola Witty	11	Proctor	13.80	NWI	5
17 Ellie Dimberio	7	Rock Ridge	13.90	NWI	3
18 Avery Maturi	7	Rock Ridge	13.92	NWI	1
19 Aili Lautigar	8	Rock Ridge	13.96	NWI	5 13.958
20 Isabella McPhee	11	Proctor	13.96	NWI	4 13.960
21 Arizona Ridlon	7	Hibbing	13.98	NWI	3
22 Rowan Klinkner	11	Chisago Lakes	14.02	NWI	2
23 Noelle Brown	9	Totino-Grace	14.05	NWI	5
24 Lexie Pueringer	11	Duluth Denfeld	14.25	NWI	3 14.241
25 Keyanna Opira	12	Grand Rapids	14.25	NWI	5 14.245
26 Gabrielle LeClair	9	Grand Rapids	14.27	NWI	1
27 Libby Oaks	10	Hermantown	14.41	NWI	1
28 Princess Solo	9	Fridley	14.47	NWI	5
29 La'Rhia Long	9	Fridley	14.56	NWI	3
30 Madelyn Brannan	10	Duluth Denfeld	14.79	NWI	4
31 McKenna Gandhi	10	Cloquet	15.06	NWI	3
32 Ellie Nelson	10	Cloquet	15.50	NWI	4
-- Bella Bridge	11	Cloquet	SCR	NWI	2

Event 200 Girls 100 Meter Dash

Section: S 12.56 6/1/2024 Zeija Moore, Duluth Denfeld					
12.61 QUAL State Qualifier					
Name	Year	School	Finals	Wind	Points
Finals					
1 Adaeze Enemuoh	12	Hermantown	12.59 QUAL	0.7	10
2 Zeija Moore	8	Duluth Denfeld	12.64	0.7	8
3 Sophie Folkestad	11	Proctor	12.73	0.7	6
4 Bene` Smith	12	Chisago Lakes	12.93	0.7	5
5 Precilia Kpoo	11	Totino-Grace	13.28	0.7	4
6 Ava Major	9	Grand Rapids	13.36	0.7	3
7 Kendra Warren	12	Chisago Lakes	13.42	0.7	2
8 Abigail Theien	12	Hibbing	13.43	0.7	1

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Event 201 Boys 100 Meter Dash

=====						
Section: S 11.06 5/28/2025 Martin Sleen, Hermantown						
11.09 QUAL State Qualifier						
Name	Year	School	Prelims	Wind	H#	
=====						
Preliminaries						
1 Martin Sleen	10	Hermantown	S 11.06QUAL	NWI	5	
2 Edmond Morris	12	Chisago Lakes	11.21Q	NWI	2	
3 Laykn Lyons	11	Proctor	11.30Q	NWI	4	
4 Jaden Miller	11	Totino-Grace	11.35Q	NWI	3	
5 Lucas Jacobson	12	Totino-Grace	11.45Q	NWI	1	
6 Zachary Sway	12	North Branch Area	11.42q	NWI	5	
7 Sawyer Williams	12	Rock Ridge	11.51q	NWI	1	
8 Deon Bergner	11	Duluth Denfeld	11.55q	NWI	3	11.541
9 Noah Hansen	12	Cloquet	11.55	NWI	2	11.545
10 Grant Johnson	11	Hermantown	11.65	NWI	4	
11 Austin Prebeck	12	Grand Rapids	11.66	NWI	5	
12 Taye Manns	12	Duluth Denfeld	11.68	NWI	1	11.674
13 Brent Korti	9	Fridley	11.68	NWI	3	11.678
14 Michel Nichols	9	Grand Rapids	11.69	NWI	4	
15 Keelijah Thomas	10	Duluth Denfeld	11.72	NWI	2	
16 Judah Appleby	10	Chisago Lakes	11.82	NWI	5	
17 Corban Peterson	11	Hermantown	11.89	NWI	2	
18 Marcquist Holiday	12	Fridley	11.94	NWI	1	
19 Clayton Horst	10	Hibbing	12.08	NWI	4	12.073
20 Milo Wilson	9	Cloquet	12.08	NWI	5	12.076
21 Samuel Arlt	10	Grand Rapids	12.12	NWI	2	
22 Reece Ringhofer	11	Hibbing	12.19	NWI	4	
23 Austin Carlson	9	Proctor	12.23	NWI	1	
24 Beckett Engel	10	Rock Ridge	12.24	NWI	4	
25 Payton Parks	11	Rock Ridge	12.26	NWI	2	
26 Mason McDonald	11	Hibbing	12.27	NWI	3	
27 Nolan Weidenhamer	9	North Branch Area	12.34	NWI	1	
28 Brannick Malchow	9	Chisago Lakes	12.40	NWI	3	
29 Dre'Monte Cannon	10	Fridley	12.41	NWI	5	
30 Cohen Baker	8	North Branch Area	12.53	NWI	4	
-- Zack Gevara	10	Proctor	SCR	NWI	3	
-- Adriel Bestman	12	Totino-Grace	SCR	NWI	3	
-- Nashton Johanson	11	Cloquet	SCR	NWI	5	

Event 201 Boys 100 Meter Dash

=====						
Section: S 11.06 5/28/2025 Martin Sleen, Hermantown						
11.09 QUAL State Qualifier						
Name	Year	School	Finals	Wind	Points	
=====						
Finals						
1 Martin Sleen	10	Hermantown	10.80SQUAL	1.3	10	
2 Laykn Lyons	11	Proctor	11.05SQUAL	1.3	8	
3 Jaden Miller	11	Totino-Grace	11.20	1.3	6	
4 Zachary Sway	12	North Branch Area	11.30	1.3	5	
5 Sawyer Williams	12	Rock Ridge	11.42	1.3	4	
6 Lucas Jacobson	12	Totino-Grace	11.43	1.3	3	
7 Edmond Morris	12	Chisago Lakes	11.94	1.3	2	
8 Deon Bergner	11	Duluth Denfeld	13.05	1.3	1	

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Event 202 Girls 200 Meter Dash

Section: S 25.41 6/1/2024 Sophia Thorsen, North Branch					
26.06 QUAL State Qualifier					
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Sophia Thorsen	10	North Branch Area	25.78QUAL	NWI	4
2 Lizzy Fultz	11	Rock Ridge	26.33Q	NWI	3
3 Zeija Moore	8	Duluth Denfeld	27.17Q	NWI	2
4 Denitsa Zaharieva	12	Totino-Grace	27.31Q	NWI	1
5 Zoey Thyen	11	Rock Ridge	27.21q	NWI	3
6 Sophia Benedict	12	North Branch Area	27.81q	NWI	4
7 Kaija Markovich	9	Hermantown	27.83q	NWI	3 27.822
8 Claire Roufs	11	Duluth Denfeld	27.83q	NWI	4 27.823
9 Janelle Eyong	11	Chisago Lakes	27.98	NWI	4
10 Lily Smith	12	Proctor	28.16	NWI	2
11 Rylee Moellering	9	Hibbing	28.24	NWI	1
12 Eva Elnes	9	Hermantown	28.35	NWI	2
13 Kallie Kopp	11	North Branch Area	28.61	NWI	1
14 Andrea Petroske	12	Hibbing	28.70	NWI	3 28.695
15 Aavry Freborg	9	Chisago Lakes	28.70	NWI	3 28.700
16 Ly'Niah Bledsoe	9	Fridley	29.34	NWI	2
17 Jordyn Sershon	12	Duluth Denfeld	29.41	NWI	4
18 Arizona Ridlon	7	Hibbing	29.42	NWI	2
19 Aili Lautigar	8	Rock Ridge	29.55	NWI	2
20 Noelle Brown	9	Totino-Grace	29.68	NWI	1
21 Lily Christenson	8	Grand Rapids	29.82	NWI	1
22 Kayla Jenkins	12	Grand Rapids	29.90	NWI	4
23 Abigail Stone	9	Cloquet	30.06	NWI	1
24 Kate Swenson	11	Grand Rapids	30.12	NWI	3
25 Madison Podvin	12	Totino-Grace	30.22	NWI	1
26 Addison Shuga	11	Chisago Lakes	30.66	NWI	2
27 Princess Solo	9	Fridley	31.29	NWI	3
28 Payton Kilgore	9	Proctor	31.35	NWI	4
29 Marley Riopel	10	Fridley	31.82	NWI	3
30 McKenna Gandhi	10	Cloquet	31.86	NWI	4
31 Evelyn Onken	12	Proctor	32.01	NWI	1
32 Ellie Nelson	10	Cloquet	32.57	NWI	2

Event 202 Girls 200 Meter Dash

Section: S 25.41 6/1/2024 Sophia Thorsen, North Branch					
26.06 QUAL State Qualifier					
Name	Year	School	Finals	Wind	Points
Finals					
1 Sophia Thorsen	10	North Branch Area	24.93SQUAL	1.2	10
2 Lizzy Fultz	11	Rock Ridge	25.62 QUAL	1.2	8
3 Zeija Moore	8	Duluth Denfeld	26.18	1.2	6
4 Denitsa Zaharieva	12	Totino-Grace	26.30	1.2	5
5 Zoey Thyen	11	Rock Ridge	26.80	1.2	4
6 Sophia Benedict	12	North Branch Area	26.96	1.2	3
7 Kaija Markovich	9	Hermantown	27.11	1.2	2
8 Claire Roufs	11	Duluth Denfeld	27.26	1.2	1

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Event 203 Boys 200 Meter Dash

=====						
Section: S 22.43 5/28/2025 Martin Sleen, Hermantown						
22.53 QUAL State Qualifier						
Name	Year	School	Prelims	Wind	H#	
=====						
Preliminaries						
1 Martin Sleen	10	Hermantown	S 22.43QUAL	NWI	4	
2 Leo Johnson	12	Rock Ridge	23.08Q	NWI	3	
3 Eli Heehn	10	Cloquet	23.16Q	NWI	1	
4 Jaden Miller	11	Totino-Grace	23.56Q	NWI	2	
5 Laykn Lyons	11	Proctor	23.21q	NWI	1	
6 Finn Eskeli	12	Hibbing	23.28q	NWI	4	
7 Brent Korti	9	Fridley	23.69q	NWI	3	
8 Noah Hansen	12	Cloquet	23.73q	NWI	3	
9 Lucas Jacobson	12	Totino-Grace	23.78	NWI	4	
10 Edmond Morris	12	Chisago Lakes	23.82	NWI	2	
11 Kale Erickson	12	Chisago Lakes	23.83	NWI	1	
12 Nolin Cope-Robinson	11	Rock Ridge	24.02	NWI	1	
13 Reid Ketola	12	Grand Rapids	24.15	NWI	2	
14 Isaac Hendrickson	11	Hibbing	24.18	NWI	4	
15 Chance Sandnas	12	Rock Ridge	24.23	NWI	3	
16 Grant Johnson	11	Hermantown	24.26	NWI	1	
17 Zachary Sway	12	North Branch Area	24.27	NWI	2	
18 Trenton Lavine	10	Duluth Denfeld	24.48	NWI	4	
19 Isaiah Tanui	11	Duluth Denfeld	24.58	NWI	3	
20 Corban Peterson	11	Hermantown	24.81	NWI	1	
21 Christian Lavine	10	Duluth Denfeld	24.96	NWI	1	
22 Mason McDonald	11	Hibbing	25.09	NWI	2	
23 Marcquist Holiday	12	Fridley	25.19	NWI	4	
24 Nolan Weidenhamer	9	North Branch Area	25.20	NWI	3	
25 Oscar Ziells	10	Proctor	25.22	NWI	2	
26 Joseph Schlaefer	11	Totino-Grace	25.55	NWI	4	
27 Dhaylen Bachrodt	9	North Branch Area	25.61	NWI	1	
28 Eli Nichols	12	Grand Rapids	25.93	NWI	2	
29 John Kopacek	11	Grand Rapids	26.26	NWI	2	
30 Joel Knight	10	Proctor	26.83	NWI	3	
31 Finley Holtz	9	Cloquet	27.76	NWI	4	
-- Isaiah Maldonado	12	Fridley	SCR	NWI	3	

Event 203 Boys 200 Meter Dash

=====						
Section: S 22.43 5/28/2025 Martin Sleen, Hermantown						
22.53 QUAL State Qualifier						
Name	Year	School	Finals	Wind	Points	
=====						
Finals						
1 Martin Sleen	10	Hermantown	21.87SQUAL	1.5	10	
2 Jaden Miller	11	Totino-Grace	22.46 QUAL	1.5	8	
3 Leo Johnson	12	Rock Ridge	22.57	1.5	6	
4 Laykn Lyons	11	Proctor	22.65	1.5	5	
5 Eli Heehn	10	Cloquet	22.66	1.5	4	
6 Finn Eskeli	12	Hibbing	22.96	1.5	3	
7 Noah Hansen	12	Cloquet	23.21	1.5	2	
8 Brent Korti	9	Fridley	23.22	1.5	1	

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Event 204 Girls 400 Meter Dash

Section: S 59.10 5/28/2025 Ella Kuhlman, North Branch Are
 1:00.16 QUAL State Qualifier

Name	Year School	Prelims	H#
Preliminaries			
1 Ella Kuhlman	12 North Branch Area	S 59.10QUAL	4
2 Adaeze Enemuoh	12 Hermantown	1:00.21Q	2
3 Denitsa Zaharieva	12 Totino-Grace	1:00.60Q	3
4 Gianna Hansen	11 Proctor	1:00.61Q	1
5 Lily Christenson	8 Grand Rapids	1:02.32q	1
6 Olivia Theien	9 Hibbing	1:02.42q	1
7 Lauren Hughes	11 Cloquet	1:02.97q	3
8 Kaitlyn Olson	12 Grand Rapids	1:03.04q	3
9 Bailey Bottoms	8 Hibbing	1:03.58	2
10 Paige Evans	12 Proctor	1:04.47	2
11 Alizah Langner	12 Hibbing	1:04.61	1
12 Julia Ruhnke	9 Cloquet	1:04.81	4
13 Kenzie Johnson	9 Hermantown	1:04.97	2
14 Marley Kaivola	8 Rock Ridge	1:05.41	3 1:05.405
14 Mira Kucera	11 Totino-Grace	1:05.41	3 1:05.405
16 Kate Swenson	11 Grand Rapids	1:05.42	4
17 Julia Miletich	12 Duluth Denfeld	1:05.50	3
18 Ellie Pease	10 Proctor	1:05.78	4
19 Olivia Battaglia	10 Cloquet	1:06.07	1
20 Mariana Cooksley	11 Chisago Lakes	1:06.30	4
21 Savannah Schroepfer	8 North Branch Area	1:06.38	2
22 Rachel Halseth	8 North Branch Area	1:06.53	2
23 Addison Youngren	12 Rock Ridge	1:07.12	4
24 Ana Haugen	11 Duluth Denfeld	1:07.33	1
25 Kendall Collie	12 Rock Ridge	1:07.59	4
26 Avery Abbott	9 Chisago Lakes	1:07.83	2
27 Luci Chastey	11 Duluth Denfeld	1:11.55	3

Event 204 Girls 400 Meter Dash

Section: S 59.10 5/28/2025 Ella Kuhlman, North Branch Are
 1:00.16 QUAL State Qualifier

Name	Year School	Finals	Points
Finals			
1 Ella Kuhlman	12 North Branch Area	58.76SQUAL	10
2 Adaeze Enemuoh	12 Hermantown	59.06SQUAL	8
3 Denitsa Zaharieva	12 Totino-Grace	59.29 QUAL	6
4 Gianna Hansen	11 Proctor	59.37 QUAL	5
5 Lily Christenson	8 Grand Rapids	1:02.51	4
6 Lauren Hughes	11 Cloquet	1:02.54	3
7 Kaitlyn Olson	12 Grand Rapids	1:03.78	2
8 Olivia Theien	9 Hibbing	1:03.80	1

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Event 205 Boys 400 Meter Dash

=====				
Section: S 49.98 5/28/2025 Josiah Young, Totino-Grace				
50.91 QUAL State Qualifier				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Josiah Young	12	Totino-Grace	S 49.98QUAL	4
2 Finn Eskeli	12	Hibbing	51.19Q	3
3 Eli Heehn	10	Cloquet	51.37Q	1
4 Cole Abernethy	12	Duluth Denfeld	51.99Q	2
5 Laykn Lyons	11	Proctor	51.57q	1
6 Caiden Bonds	11	Chisago Lakes	52.27q	4
7 Landon Burg	11	Hermantown	52.28q	3
8 Vince Jacob	12	Totino-Grace	52.88q	3
9 Luca Pellini	12	Rock Ridge	53.26	2
10 Gunnar Larson	12	Grand Rapids	53.43	4
11 Abishard Archille	12	Totino-Grace	53.74	2
12 Samuel Ayers	11	Fridley	53.81	2
13 Ashton Novak	10	Rock Ridge	54.22	1
14 Blake Prosen	10	Cloquet	54.47	4
15 Lucas Arnhold	12	Hibbing	54.98	1
16 Thomas Oppelt	9	Duluth Denfeld	55.64	3
17 Elliot White	8	Hibbing	55.95	2
18 William Determan	9	North Branch Area	56.15	4
19 Lucas Rychert	11	Grand Rapids	56.52	3
20 Evan Mcgonigle	10	Chisago Lakes	56.58	1
21 Parker Lindner	8	North Branch Area	56.75	2
22 Matthew Mangan	10	Cloquet	56.92	4
23 Landyn Lindula	12	Rock Ridge	57.44	3
24 Ka'liiyl Andrews	9	Fridley	57.46	3
25 Malik Dade	9	Fridley	57.86	4
26 Scott Reyelts	9	Proctor	58.08	1
27 Carl Jakoblich	9	Chisago Lakes	58.48	2
28 John Kopacek	11	Grand Rapids	58.69	2
29 Blake Amundson	10	Hermantown	58.75	3
30 Eli Roufs	9	Duluth Denfeld	59.48	1
31 Tyler Breitreutz	12	Hermantown	1:01.43	4
32 Gabe Bachke	12	Proctor	1:02.03	1

Event 205 Boys 400 Meter Dash

=====				
Section: S 49.98 5/28/2025 Josiah Young, Totino-Grace				
50.91 QUAL State Qualifier				
Name	Year	School	Finals	Points
=====				
Finals				
1 Josiah Young	12	Totino-Grace	49.73SQUAL	10
2 Eli Heehn	10	Cloquet	50.50 QUAL	8
3 Finn Eskeli	12	Hibbing	50.81 QUAL	6
4 Laykn Lyons	11	Proctor	50.99	5
5 Cole Abernethy	12	Duluth Denfeld	51.26	4
6 Landon Burg	11	Hermantown	52.07	3
7 Caiden Bonds	11	Chisago Lakes	52.23	2
8 Vince Jacob	12	Totino-Grace	52.32	1

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Event 206 Girls 800 Meter Run

=====				
Section: S 2:17.58 6/1/2024 Tara Hertling, Hibbing				
2:20.12 QUAL State Qualifier				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Brynn Babich	11	Hibbing	2:19.11QUAL	4
2 Della Bettendorf	12	Proctor	2:24.22Q	1
3 Campbell Amundson	12	Hermantown	2:25.58Q	3
4 Averiana Gellerman	9	Chisago Lakes	2:28.91Q	2
5 Lauren Kowarsch	11	Chisago Lakes	2:24.84q	1
6 Lainie Jackson	10	Grand Rapids	2:26.55q	3
7 Cadel Pohl	8	Duluth Denfeld	2:27.07q	4
8 Breonna Hurry	12	Totino-Grace	2:31.22q	2
9 Paisley Kleiman	12	Proctor	2:32.86	1
10 Claire Niksich	11	Hermantown	2:33.21	4
11 Morgan Panichi	10	Hermantown	2:33.28	2
12 Jayden Larson	10	Proctor	2:36.85	1
13 Emma Reini	12	Hibbing	2:39.37	3
14 Vada Kester	7	North Branch Area	2:39.91	1
15 Kianna Osmundson	9	Chisago Lakes	2:40.20	3
16 Evelina Gilkerson	11	North Branch Area	2:40.32	2
17 Mila Flatley	9	Rock Ridge	2:41.62	3
18 Vienna Rosebrock	9	Cloquet	2:42.43	2
19 Raini Gibson	11	Hibbing	2:43.31	2
20 Annalee Miller	7	Rock Ridge	2:43.81	4
21 Jordan Linder	10	Cloquet	2:43.86	1
22 Alli Weix	10	Cloquet	2:48.70	4
23 Ellie Kragthorpe	10	Grand Rapids	2:49.84	3
24 Audrey Harley	8	Rock Ridge	2:50.73	4
25 Elle Vandermyde	9	Totino-Grace	2:52.80	3
26 Addy Mack	10	Grand Rapids	2:56.81	4
27 Natylee Anderson	11	Duluth Denfeld	2:59.79	2
28 Annabelle Anderson	10	Fridley	3:09.27	1
29 Mara Thomas	9	Totino-Grace	3:11.79	1
30 Janitzia Pineda-Chavez	10	Fridley	3:46.96	4
-- Autumn Larsen	11	Duluth Denfeld	SCR	3 DNS 1600m
-- Enya Kappenman	11	Fridley	SCR	2 DNS 1600m

Event 206 Girls 800 Meter Run

=====				
Section: S 2:17.58 6/1/2024 Tara Hertling, Hibbing				
2:20.12 QUAL State Qualifier				
Name	Year	School	Finals	Points
=====				
Finals				
1 Brynn Babich	11	Hibbing	2:17.54SQUAL	10
2 Della Bettendorf	12	Proctor	2:21.30	8
3 Lainie Jackson	10	Grand Rapids	2:22.39	6
4 Campbell Amundson	12	Hermantown	2:24.03	5
5 Cadel Pohl	8	Duluth Denfeld	2:27.04	4
6 Averiana Gellerman	9	Chisago Lakes	2:27.37	3
7 Lauren Kowarsch	11	Chisago Lakes	2:27.42	2
8 Breonna Hurry	12	Totino-Grace	2:29.53	1

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=====				
Section: S 1:54.25 5/31/2023 Cameron Stocke, Rock Ridge				
1:58.93 QUAL State Qualifier				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Andrew Shepherd	11	Cloquet	2:01.57Q	4
2 Evan Rothamel	10	Cloquet	2:01.58Q	3
3 Matthew Lindgren	12	Totino-Grace	2:03.51Q	5
4 Jordan Stumm	12	North Branch Area	2:04.71Q	1
5 Kaden Osmundson	11	Chisago Lakes	2:05.35Q	2
6 Matthew Strukel	10	Hermantown	2:03.56q	5
7 Jake Walli	11	Hibbing	2:03.81q	3
8 Ian Dobosenski	12	Proctor	2:06.71q	2
9 Landon Vance	12	Totino-Grace	2:06.76	4
10 Nash Cooksley	9	Chisago Lakes	2:07.95	4
11 Ian Berube	12	Cloquet	2:09.25	1
12 Silas Langner	12	Hibbing	2:09.33	5
13 Kaden Amundson	11	Rock Ridge	2:10.19	2
14 Jaiden Touchstone	11	Hibbing	2:11.63	3
15 Nolan Peterson	11	Rock Ridge	2:12.58	3
16 Silas Herbert	12	Duluth Denfeld	2:13.93	2
17 William Stelmack	9	North Branch Area	2:14.53	1
18 Isaiah Wozniak	10	Proctor	2:15.13	1
19 Joel Frost	11	Grand Rapids	2:16.57	3
20 Caleb Van Drunen	10	Grand Rapids	2:16.77	3
21 Timothy Jakoblich	12	Chisago Lakes	2:17.22	2
22 Lucas LeSarge	12	Proctor	2:17.63	5
23 Zach Warner	12	Hermantown	2:19.31	2
24 Brighton Techar	12	Rock Ridge	2:19.46	4
25 Bridger Oestereich	11	Duluth Denfeld	2:19.54	1
26 Caleb Rueter	8	North Branch Area	2:20.17	1
27 Jordan Wilcox	10	Hermantown	2:22.77	5
28 Payson Larson	9	Grand Rapids	2:26.35	4
29 Caleb Johnson	11	Duluth Denfeld	2:30.00	4
30 Nahom Yacob	11	Totino-Grace	2:39.56	3
31 Jayshaun McKinney	11	Fridley	2:42.09	4
-- Zaid Lofton	9	Fridley	SCR	5 DSN HJ
-- Miguel Sanchez Rubio	12	Fridley	SCR	5 DNS 1600m

Event 207 Boys 800 Meter Run

=====				
Section: S 1:54.25 5/31/2023 Cameron Stocke, Rock Ridge				
1:58.93 QUAL State Qualifier				
Name	Year	School	Finals	Points
=====				
Finals				
1 Matthew Lindgren	12	Totino-Grace	1:59.32	10
2 Andrew Shepherd	11	Cloquet	2:01.21	8
3 Evan Rothamel	10	Cloquet	2:04.09	6
4 Matthew Strukel	10	Hermantown	2:05.74	5 2:05.732
5 Jordan Stumm	12	North Branch Area	2:05.74	4 2:05.735
6 Jake Walli	11	Hibbing	2:07.73	3
7 Ian Dobosenski	12	Proctor	2:08.08	2
8 Kaden Osmundson	11	Chisago Lakes	2:08.58	1

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Event 208 Girls 1600 Meter Run

Section: S 5:10.00 6/1/2024 Annika Hall, Chisago Lake					
5:10.53 QUAL State Qualifier					
Name	Year	School	Finals	H#	Points
1 Annika Hall	9	Chisago Lakes	5:03.27SQUAL	2	10
2 Tara Hertling	12	Hibbing	5:09.02SQUAL	2	8
3 Berlyn Hartinger	9	Totino-Grace	5:16.56	2	6
4 Ferrah LaLone	10	Hermantown	5:28.46	2	5
5 Cadel Pohl	8	Duluth Denfeld	5:32.24	2	4
6 Elsa Winbigler	10	Cloquet	5:34.19	2	3
7 Nora Stark	11	Rock Ridge	5:37.86	2	2
8 Ava Vidmar	8	Hibbing	5:41.01	2	1
9 Kara Hall	8	Chisago Lakes	5:44.88	2	
10 Makayla Waldron	12	Rock Ridge	5:46.45	2	
11 Zoey Lucarelli	7	Hermantown	5:49.14	2	
12 Emma Matvey	8	Hibbing	5:52.64	1	
13 Nessa Friess	11	Proctor	5:53.25	1	
14 Caitlin Wedge	10	Proctor	6:01.91	1	
15 Rachel Bettendorf	10	Proctor	6:04.68	1	
16 Elizabeth Cunningh	8	Cloquet	6:09.55	1	
17 Kailey Vega Celis	10	Duluth Denfeld	6:16.21	1	
18 Julia Sipola	8	Rock Ridge	6:18.84	1	
19 Ava Witkowski	9	North Branch Area	6:20.45	1	
20 Halle Karkela	9	Grand Rapids	6:25.68	2	
21 Lilly Stelmack	8	North Branch Area	6:33.64	2	
22 Frida Morales-Onof	11	Totino-Grace	6:34.35	1	
23 Julianne Thomas	11	Totino-Grace	6:42.67	1	
24 Addy Mack	10	Grand Rapids	6:50.81	1	
25 Ruby Hanson	10	North Branch Area	6:54.49	1	
26 Annabelle Anderson	10	Fridley	7:39.84	1	
-- Holly Sylvester	11	Grand Rapids	SCR	1	
-- Enya Kappenman	11	Fridley	SCR	1	
-- Autumn Larsen	11	Duluth Denfeld	SCR	1	

Event 209 Boys 1600 Meter Run

Section: S 4:21.20 6/4/2022 Cameron Stocke, Rock Ridge					
4:24.80 QUAL State Qualifier					
Name	Year	School	Finals	H#	Points
1 Matthew Lindgren	12	Totino-Grace	4:15.30SQUAL	2	10
2 Jack Kendall	12	Rock Ridge	4:23.57 QUAL	2	8
3 Adrian Rausch	11	Rock Ridge	4:24.05 QUAL	2	6
4 Jordan Stumm	12	North Branch Area	4:39.27	2	5
5 Ellis Allen	11	Cloquet	4:40.61	2	4
6 Eric Lindgren	9	Totino-Grace	4:43.77	2	3
7 Cooper Lucarelli	10	Hermantown	4:47.42	2	2
8 Remy Larsen	10	Chisago Lakes	4:51.06	2	1
9 Matthew Misko	11	Totino-Grace	4:51.19	2	
10 Jaiden Touchstone	11	Hibbing	4:53.62	2	
11 Caleb Van Drunen	10	Grand Rapids	4:56.90	1	
12 Sam Baumgardner	9	Hibbing	4:57.43	2	
13 Silas Herbert	12	Duluth Denfeld	4:59.24	1	
14 Bain Kalwite	9	Duluth Denfeld	5:03.56	2	

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....Event 209 Boys 1600 Meter Run

15	Andrew Witkowski	11	North Branch Area	5:06.01	1	
16	Isaac Swanson	11	Cloquet	5:06.31	1	
17	Charlie Janezich	8	Hibbing	5:06.56	2	
18	Bryce Crotteau	8	Rock Ridge	5:07.73	1	
19	Kellen Loberg	9	Proctor	5:08.02	2	
20	Jeremiah Bents	9	Cloquet	5:08.95	1	
21	Josh Rock	12	Duluth Denfeld	5:10.65	1	
22	Lincoln Perry	9	Chisago Lakes	5:15.52	1	5:15.519
23	Caleb Rueter	8	North Branch Area	5:15.52	1	5:15.520
24	Karter Davis	7	Hermantown	5:15.99	1	
25	Kale Fairchild	11	Grand Rapids	5:16.58	1	
26	Anden Solberg	9	Chisago Lakes	5:16.64	1	
27	Isaac Pocrnich	9	Proctor	5:17.99	1	
28	Ibai Arbonies	10	Grand Rapids	5:39.56	1	
29	Landon Berg	12	Proctor	5:47.47	1	
30	Jayshaun McKinney	11	Fridley	6:11.20	1	
--	Miguel Sanchez Rub	12	Fridley	SCR	1	

Event 210 Girls 3200 Meter Run

Section: S 10:48.57 5/28/2025 Annika Hall, Chisago Lakes
 11:27.86 QUAL State Qualifier

Name	Year	School	Finals	H#	Points
1 Annika Hall	9	Chisago Lakes	10:48.57SQUAL	2	10
2 Tara Hertling	12	Hibbing	11:14.27 QUAL	2	8
3 Lainie Jackson	10	Grand Rapids	11:33.92	2	6
4 Eve Steele	12	Rock Ridge	11:38.07	2	5
5 Della Bettendorf	12	Proctor	11:45.31	2	4
6 Ferrah LaLone	10	Hermantown	11:47.79	2	3
7 Kaia Osmundson	12	Chisago Lakes	11:51.24	2	2
8 Elsa Winbigler	10	Cloquet	12:22.30	1	1
9 Mylah Murfin	8	Rock Ridge	12:30.04	1	
10 Kenzie Davis	7	Hermantown	12:40.31	2	
11 Grace Bigelow	12	Hibbing	12:46.37	2	
12 Nessa Friess	11	Proctor	12:51.71	1	
13 Morgan Schnortz	9	Hibbing	12:57.00	1	
14 Grace Steele	11	Chisago Lakes	13:03.59	1	
15 Elizabeth Cunningh	8	Cloquet	13:08.31	1	
16 Rachel Bettendorf	10	Proctor	13:08.38	1	
17 Cora Metelak	8	Grand Rapids	13:10.40	2	
18 Kailey Vega Celis	10	Duluth Denfeld	13:27.52	1	
19 Addy Papin	9	Rock Ridge	13:38.23	1	
-- Tess Reilly	10	Grand Rapids	SCR	1	

Event 211 Boys 3200 Meter Run

Section: S 9:33.98 5/28/2025 Jack Kendall, Rock Ridge
 9:40.39 QUAL State Qualifier

Name	Year	School	Finals	H#	Points
1 Jack Kendall	12	Rock Ridge	9:33.98SQUAL	2	10
2 Biruk Killeen	12	Chisago Lakes	9:37.87 QUAL	2	8
3 Adrian Rausch	11	Rock Ridge	9:41.46	2	6

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4	Aiden Korby	10	Cloquet	10:05.01	2	5
5	Ellis Allen	11	Cloquet	10:11.65	2	4
6	Cooper Lucarelli	10	Hermantown	10:19.98	2	3
7	Brady Janezich	10	Hibbing	10:20.89	2	2
8	Matthew Misko	11	Totino-Grace	10:21.43	2	1
9	Eric Lindgren	9	Totino-Grace	10:23.85	2	
10	Zane Poenix	12	Grand Rapids	10:35.25	2	
11	Charlie Janezich	8	Hibbing	10:39.11	2	
12	Mathew Johnson	11	Grand Rapids	10:39.33	2	
13	Sam Baumgardner	9	Hibbing	10:52.39	1	
14	Nathanael Damiani	11	North Branch Area	10:52.46	2	
15	Larson Curnow	12	Grand Rapids	10:57.07	2	
16	Andrew Witkowski	11	North Branch Area	10:57.99	1	
17	Colin Steele	10	Rock Ridge	10:59.24	1	
18	Kellen Loberg	9	Proctor	11:01.70	2	
19	Karter Davis	7	Hermantown	11:02.47	1	
20	Anden Solberg	9	Chisago Lakes	11:04.76	1	
21	Jack Evans	9	Chisago Lakes	11:09.79	1	
22	Isaac Swanson	11	Cloquet	11:29.42	1	
23	Aden Thorn	12	Proctor	11:48.10	1	
24	Joseph Damiani	11	North Branch Area	11:50.72	1	
25	Noah Beitz	9	Totino-Grace	12:07.20	1	
26	Luke Letendre	9	Duluth Denfeld	12:13.97	1	
27	Landon Berg	12	Proctor	12:18.69	1	
28	Jude Maruska	9	Duluth Denfeld	12:26.54	1	
29	Marcos Vega Celis	7	Duluth Denfeld	12:29.43	1	

Event 212 Girls 100 Meter Hurdles

Section: S 15.58 6/1/2024 Shaeyna Andreotti, North Branch
 15.96 QUAL State Qualifier

Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Makenzie Lynch	10	Cloquet	15.83	QUAL NWI 3
2	Ava Bringgold	12	Chisago Lakes	16.09	Q NWI 4
3	McKaylie Malek	9	Chisago Lakes	16.60	Q NWI 2
4	Ellee Nelson	12	Grand Rapids	17.42	Q NWI 1
5	Hattie Eskeli	10	Hibbing	16.97	q NWI 3
6	Kira Suominen	9	Cloquet	17.09	q NWI 4
7	Valerie Zarbok	10	North Branch Area	17.47	q NWI 1
8	KelliJoy Manninen	12	Proctor	18.27	q NWI 2
9	Abigail Sather	11	Rock Ridge	18.50	NWI 3
10	Aubrie Hoard	11	Grand Rapids	18.53	NWI 1
11	Priti Rana	11	Fridley	18.71	NWI 1
12	Averi Skalsky	7	Hibbing	18.72	NWI 2
13	Kyliee Andreotti	10	North Branch Area	18.81	NWI 3
14	Rosemary Schmitz	10	Totino-Grace	18.92	NWI 4
15	Alex Johnson	9	Duluth Denfeld	19.01	NWI 1
16	Joy Carlson	9	Chisago Lakes	19.11	NWI 1
17	Sarah Lumaya	10	Totino-Grace	19.16	NWI 2
18	Alexis Chandler	11	Hermantown	19.81	NWI 4
19	Sophia Starkovich	7	Rock Ridge	19.99	NWI 2
20	Megan Gunderson	12	Hermantown	20.00	NWI 4

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21 Ashlynn Determan	9 Hibbing	20.04	NWI	3
22 Peyton Walters	10 Proctor	20.35	NWI	2
23 Danielle Juntunen	9 Totino-Grace	20.41	NWI	4
24 Ada Miletich	11 Duluth Denfeld	20.47	NWI	3
25 Isla Radzak	9 Hermantown	20.52	NWI	4
26 Addison Aleshire	11 Fridley	20.77	NWI	1
27 Athena Tabor	9 Fridley	21.10	NWI	3
28 Erin King-Neuttila	9 Rock Ridge	21.79	NWI	2
-- Sylvia Grochowski	10 Duluth Denfeld	SCR	NWI	1

Event 212 Girls 100 Meter Hurdles

Section: S 15.58 6/1/2024 Shaeyna Andreotti, North Branch
 15.96 QUAL State Qualifier

Name	Year School	Finals	Wind	Points
Finals				
1 Makenzie Lynch	10 Cloquet	15.30SQUAL	-0.4	10
2 McKaylie Malek	9 Chisago Lakes	16.19	-0.4	8
3 Ava Bringgold	12 Chisago Lakes	16.27	-0.4	6
4 Hattie Eskeli	10 Hibbing	16.53	-0.4	5
5 Kira Suominen	9 Cloquet	16.71	-0.4	4
6 Ellee Nelson	12 Grand Rapids	17.21	-0.4	3
7 Valerie Zarbok	10 North Branch Area	17.33	-0.4	2
8 KelliJoy Manninen	12 Proctor	18.07	-0.4	1

Event 213 Boys 110 Meter Hurdles

Section: S 14.70 6/1/2024 Cody Evers, Proctor
 15.32 QUAL State Qualifier

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Lorenzo Hampton III	11 Fridley	14.80QQUAL	NWI	4
2 Herschel Christensen	12 Grand Rapids	15.16QQUAL	NWI	3
3 Brody Rothe	12 North Branch Area	15.82Q	NWI	2
4 Zach Wunner	11 Hermantown	16.07Q	NWI	1
5 Michael Kruse	12 Cloquet	16.15q	NWI	1
6 Azariah Lees	12 Chisago Lakes	16.33q	NWI	2
7 Colt Christensen	10 Grand Rapids	16.82q	NWI	3
8 Everett Otte	10 Chisago Lakes	16.93q	NWI	4
9 Aaron McMullen	10 Grand Rapids	16.97	NWI	3
10 Kofa Nelson	10 Fridley	17.23	NWI	1
11 Logan Deleon	12 Rock Ridge	17.51	NWI	1
12 Gavin Bexell	12 Hibbing	17.62	NWI	2
13 Aiden Nelson	11 Cloquet	17.68	NWI	4
14 Kaelub Burkes	10 Hibbing	18.10	NWI	1
15 Adin Nelson	11 Hibbing	18.27	NWI	4
16 Cayden Castellano	10 Rock Ridge	18.31	NWI	2
17 Antonin Proulx	11 Hermantown	18.68	NWI	3
18 Timothy Grover	11 Duluth Denfeld	18.82	NWI	2
19 Da'reon Agnew	9 Fridley	18.83	NWI	1
20 Isaiah Yang	10 North Branch Area	19.03	NWI	4
21 Nathan Bruemmer	12 Rock Ridge	19.51	NWI	2

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22 Jack Hinzmann	9 Proctor	20.22	NWI	3
23 Ezra Kaldor	9 Proctor	21.27	NWI	4
24 Ryan Donahue	10 Proctor	22.68	NWI	4
-- Jase Bell	10 Cloquet	SCR	NWI	3

Event 213 Boys 110 Meter Hurdles

Section: S 14.70 6/1/2024 Cody Evers, Proctor
 15.32 QUAL State Qualifier

Name	Year School	Finals	Wind	Points
Finals				
1 Lorenzo Hampton II	11 Fridley	14.01SQUAL	1.3	10
2 Herschel Christens	12 Grand Rapids	14.90 QUAL	1.3	8
3 Brody Rothe	12 North Branch Area	15.59	1.3	6
4 Michael Kruse	12 Cloquet	15.67	1.3	5
5 Zach Wunner	11 Hermantown	15.90	1.3	4
6 Colt Christensen	10 Grand Rapids	16.34	1.3	3
7 Azariah Lees	12 Chisago Lakes	16.38	1.3	2
8 Everett Otte	10 Chisago Lakes	16.97	1.3	1

Event 214 Girls 300 Meter Hurdles

Section: S 45.29 5/28/2025 Makenzie Lynch, Cloquet
 46.80 QUAL State Qualifier

Name	Year School	Prelims	H#
Preliminaries			
1 Makenzie Lynch	10 Cloquet	S 45.29QUAL	4
2 Ava Bringgold	12 Chisago Lakes	47.30Q	3
3 Kira Suominen	9 Cloquet	47.55Q	2
4 Hannah Farnsworth	10 Hibbing	48.46Q	1
5 Hattie Eskeli	10 Hibbing	49.11q	1
6 Sophia Benedict	12 North Branch Area	50.52q	2
7 Valerie Zarbok	10 North Branch Area	50.96q	4
8 Rosemary Schmitz	10 Totino-Grace	51.90q	3
9 Abigail Sather	11 Rock Ridge	53.38	3
10 KelliJoy Manninen	12 Proctor	53.90	2
11 Raya Trigas	10 Proctor	54.07	1
12 Ada Miletich	11 Duluth Denfeld	54.28	4
13 Danielle Juntunen	9 Totino-Grace	54.52	1
14 Aubrie Hoard	11 Grand Rapids	54.76	4
15 Sophia Starkovich	7 Rock Ridge	55.07	4
16 Brooke Wiese	11 Hermantown	55.22	2
17 Isla Radzak	9 Hermantown	56.64	1
18 Madison Arroyo Constanti	11 Fridley	56.77	2
19 Aubree Lindahl	8 Grand Rapids	56.99	4
20 Leila Gookins	10 Proctor	57.20	2
21 Macie Weber	8 Grand Rapids	57.26	3
22 Joy Carlson	9 Chisago Lakes	58.47	4
23 Athena Tabor	9 Fridley	58.98	1
24 Priti Rana	11 Fridley	59.91	3
25 Autumn Nelson	11 Hibbing	1:00.32	3
26 Erin King-Neuttila	9 Rock Ridge	1:00.94	2

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....Event 214 Girls 300 Meter Hurdles

27 Megan Gunderson 12 Hermantown 1:01.71 3

Event 214 Girls 300 Meter Hurdles

Section: S 45.29 5/28/2025 Makenzie Lynch, Cloquet
 46.80 QUAL State Qualifier

Name	Year	School	Finals	Points
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Finals

1	Makenzie Lynch	10	Cloquet	44.62	SQUAL	10	
2	Kira Suominen	9	Cloquet	46.08	QUAL	8	46.072
3	Ava Bringgold	12	Chisago Lakes	46.08	QUAL	6	46.075
4	Hannah Farnsworth	10	Hibbing	48.32		5	
5	Hattie Eskeli	10	Hibbing	48.34		4	
6	Sophia Benedict	12	North Branch Area	50.44		3	
7	Valerie Zarbok	10	North Branch Area	50.79		2	
8	Rosemary Schmitz	10	Totino-Grace	51.37		1	

Event 215 Boys 300 Meter Hurdles

Section: S 38.50 5/28/2025 Lorenzo Hampton III, Fridley
 40.68 QUAL State Qualifier

Name	Year	School	Prelims	H#
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Preliminaries

1	Lorenzo Hampton III	11	Fridley	S 38.50	QUAL	4	
2	Michael Strong	12	Totino-Grace	38.68	QUAL	3	
3	Brody Rothe	12	North Branch Area	41.58	Q	1	
4	Michael Kruse	12	Cloquet	41.72	Q	2	
5	Aiden Nelson	11	Cloquet	41.84	q	1	
6	Gavin Bexell	12	Hibbing	42.74	q	3	
7	Fuhad Salau	11	Fridley	44.07	q	4	
8	Aaron McMullen	10	Grand Rapids	44.30	q	3	
9	Colt Christensen	10	Grand Rapids	44.42		2	
10	Logan Deleon	12	Rock Ridge	44.53		1	
11	Brock Bauer	12	Duluth Denfeld	44.74		2	
12	Jackson Lenocho	10	Grand Rapids	45.24		2	
13	Zach Wunner	11	Hermantown	45.45		1	
14	Adin Nelson	11	Hibbing	45.47		4	
15	Kestan Bradley	10	Hermantown	45.74		3	
16	Ryan Lamb	9	Totino-Grace	45.90		1	
17	Tyler Vidmar	12	Rock Ridge	45.91		2	
18	Azariah Lees	12	Chisago Lakes	46.06		4	
19	Ezra Yelengi	9	Proctor	46.18		2	
20	Ryan Donahue	10	Proctor	46.54		3	
21	Nick Andreotti	8	North Branch Area	47.38		3	
22	Isaiah Yang	10	North Branch Area	47.39		1	47.386
22	Kaelub Burkes	10	Hibbing	47.39		4	47.386
24	Da'reon Agnew	9	Fridley	48.14		4	
25	Logan Ruotsalainen	9	Proctor	48.30		3	
26	Nathan Bruemmer	12	Rock Ridge	48.89		4	
27	Tim Kazmierczak	10	Cloquet	49.58		2	

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Event 215 Boys 300 Meter Hurdles

Section: S 38.50 5/28/2025 Lorenzo Hampton III, Fridley
 40.68 QUAL State Qualifier

Name	Year	School	Finals	Points
Finals				
1 Lorenzo Hampton II	11	Fridley	37.95SQUAL	10
2 Michael Strong	12	Totino-Grace	38.65 QUAL	8
3 Brody Rothe	12	North Branch Area	40.69	6
4 Michael Kruse	12	Cloquet	41.12	5
5 Aiden Nelson	11	Cloquet	41.24	4
6 Gavin Bexell	12	Hibbing	42.43	3
7 Fuhad Salau	11	Fridley	43.42	2
8 Aaron McMullen	10	Grand Rapids	43.96	1

Event 216 Girls 4x100 Meter Relay

Section: S 50.01 6/1/2024 North Branch, North Branch
 E Kuhlman, E Dick, S Benedict, K Kopp
 50.27 QUAL State Qualifier

School	Finals	H#	Points
1 North Branch Area	49.17SQUAL	2	10
1) Ella Kuhlman 12	2) Dakota Esget 12		
3) Ella Dick 11	4) Sophia Thorsen 10		
2 Rock Ridge	49.92SQUAL	2	8
1) Allison Fink 12	2) Lizzy Fultz 11		
3) Lahna Gelo 10	4) Zoey Thyen 11		
3 Hibbing	50.18 QUAL	2	6
1) Abigail Theien 12	2) Rylee Moellering 9		
3) Hattie Eskeli 10	4) Brynn Babich 11		
4 Chisago Lakes	50.77	2	5
1) Bene` Smith 12	2) Ava Bringgold 12		
3) Chelsea Stipe 10	4) Janelle Eyong 11		
5 Duluth Denfeld	51.27	2	4
1) Lexie Pueringer 11	2) Claire Roufs 11		
3) Jordyn Sershon 12	4) Zeija Moore 8		
6 Grand Rapids	52.66	2	3
1) Ellee Nelson 12	2) Gabrielle LeClair 9		
3) Ava Major 9	4) Aubrie Hoard 11		
7 Hermantown	53.07	2	2
1) Brooke Wiese 11	2) Libby Oaks 10		
3) Taraji Holets 8	4) Eva Elnes 9		
8 Proctor	54.02	2	1
1) Lillian Talarico 10	2) Lola Witty 11		
3) Addison Hieb 12	4) Isabella McPhee 11		
-- Cloquet	DQ	1	Participation Rule
1) McKenna Gandhi 10	2) Bella Bridge 11		
3) Abigail Stone 9	4) Sarah Turner 12		
-- Totino-Grace	DQ	1	Exchange 2-3
1) Noelle Brown 9	2) Adele Denton 9		
3) Rose-Han Toe 9	4) Abigail Collins 12		
-- Fridley	DQ	1	Exchange 3-4
1) Serenity Long 9	2) Ly'Niah Bledsoe 9		
3) Kira Chanthanpanya 9	4) Summer Hampton 8		

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Event 217 Boys 4x100 Meter Relay

Section: S 43.44 6/1/2024 Rock Ridge, Rock Ridge				
L Johnson, A Wilson, M Williams, N Cope-Robinson				
43.47 QUAL State Qualifier				
School	Finals	H#	Points	
1 Hermantown	43.30SQUAL	2	10	
1) Tanner Homstad 11	2) Corban Peterson 11			
3) Grant Johnson 11	4) Martin Sleen 10			
2 Fridley	43.93	2	8	
1) Marcquist Holiday 12	2) Brent Korti 9			
3) Lorenzo Hampton III 11	4) Fuhad Salau 11			
3 Duluth Denfeld	44.51	2	6	
1) Taye Manns 12	2) Keelijah Thomas 10			
3) Noah Nephew 10	4) Trenton Lavine 10			
4 Rock Ridge	44.64	2	5	
1) Chance Sandnas 12	2) Nolin Cope-Robinson 11			
3) Jake Neari 12	4) Sawyer Williams 12			
5 Grand Rapids	44.87	2	4	
1) Austin Prebeck 12	2) Eli Nichols 12			
3) Michel Nichols 9	4) Reid Ketola 12			
6 Hibbing	45.93	2	3	
1) Jack Lunning 11	2) Isaac Hendrickson 11			
3) Mason McDonald 11	4) Clayton Horst 10			
7 Chisago Lakes	46.39	2	2	
1) Judah Appleby 10	2) Brannick Malchow 9			
3) Azariah Lees 12	4) Kale Erickson 12			
8 Proctor	46.46	1	1	
1) A'Maree Bullock 9	2) Ama'Zeon Bullock 9			
3) Dakota Peterson 9	4) Austin Carlson 9			
9 North Branch Area	46.71	1		
1) Zachary Sway 12	2) Dhaylen Bachrodt 9			
3) William Determan 9	4) Nolan Weidenhamer 9			
10 Totino-Grace	48.37	2		
1) Ryan Lamb 9	2) Alistair Medved 9			
3) Oliver Conway 10	4) Joseph Schlaefer 11			
-- Cloquet	DQ	1		Participation Rule
1) Blake Prosen 10	2) Nashton Johanson 11			
3) Wyatt Preteau 12	4) Milo Wilson 9			

Event 218 Girls 4x200 Meter Relay

Section: S 1:43.25 6/1/2024 North Branch, North Branch				
D Dick, S Thorsen, S Benedict, D Esget				
1:45.83 QUAL State Qualifier				
School	Finals	H#	Points	
1 North Branch Area	1:43.61 QUAL	2	10	
1) Ella Kuhlman 12	2) Sophia Benedict 12			
3) Dakota Esget 12	4) Sophia Thorsen 10			
2 Rock Ridge	1:46.13	2	8	
1) Miia Johnson 10	2) Allison Fink 12			
3) Zoey Thyen 11	4) Lizzy Fultz 11			
3 Hermantown	1:46.33	2	6	
1) Campbell Amundson 12	2) Kaija Markovich 9			

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....Event 218 Girls 4x200 Meter Relay

3) Claire Niksich 11	4) Adaeze Enemuoh 12		
4 Proctor	1:46.62	2	5
1) Lily Smith 12	2) Gianna Hansen 11		
3) Addison Hieb 12	4) Sophie Folkestad 11		
5 Duluth Denfeld	1:49.39	2	4
1) Claire Roufs 11	2) Julia Miletich 12		
3) Izzy Novak 9	4) Jordyn Sershon 12		
6 Totino-Grace	1:51.42	2	3
1) Rosemary Schmitz 10	2) Sarah Lumaya 10		
3) Mira Kucera 11	4) Olivia Tapp 10		
7 Chisago Lakes	1:52.66	2	2
1) Chelsea Stipe 10	2) McKaylie Malek 9		
3) Aavry Freborg 9	4) Janelle Eyong 11		
8 Grand Rapids	1:54.31	1	1
1) Ellee Nelson 12	2) Kate Swenson 11		
3) Abby Brink 9	4) Ellie Kragthorpe 10		
9 Hibbing	1:55.23	1	
1) Abigail Theien 12	2) Olivia Theien 9		
3) Andrea Petroske 12	4) Alizah Langner 12		
10 Fridley	2:02.25	1	
1) Marley Riopel 10	2) Princess Solo 9		
3) Marang Manneh 9	4) Serenity Long 9		
-- Cloquet	DQ	2	Participation Rule
1) Bella Bridge 11	2) Olivia Battaglia 10		
3) Sarah Turner 12	4) Lauren Hughes 11		

Event 219 Boys 4x200 Meter Relay

Section: S 1:30.09 6/1/2024 Rock Ridge, Rock Ridge			
A Wilson, L Johnson, N Cope-Robinson, M Williams			
1:31.03 QUAL State Qualifier			
School	Finals	H#	Points
1 Totino-Grace	1:28.38SQUAL	2	10
1) Michael Strong 12	2) Jaden Miller 11		
3) Abishard Archille 12	4) Josiah Young 12		
2 Rock Ridge	1:31.18	2	8
1) Luca Pellini 12	2) Chance Sandnas 12		
3) Nolin Cope-Robinson 11	4) Leo Johnson 12		
3 Duluth Denfeld	1:33.08	2	6
1) Taye Manns 12	2) Trenton Lavine 10		
3) Isaiah Tanui 11	4) Cole Abernethy 12		
4 Cloquet	1:35.61	2	5
1) Daylen Wilson 11	2) Aiden Nelson 11		
3) Hudson Snestrud 12	4) Noah Hansen 12		
5 Proctor	1:37.29	1	4
1) A'Maree Bullock 9	2) Ama'Zeon Bullock 9		
3) Oscar Ziells 10	4) Austin Carlson 9		
6 Fridley	1:37.54	1	3
1) Ka'liiyl Andrews 9	2) Dre'Monte Cannon 10		
3) Malik Dade 9	4) Samuel Ayers 11		
7 Chisago Lakes	1:37.87	2	2
1) Brannick Malchow 9	2) Jacob Grabow 11		
3) Azariah Lees 12	4) Kale Erickson 12		

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....Event 219 Boys 4x200 Meter Relay

8 Hibbing	1:40.78	1	1
1) Whitaker Rewertz 9	2) Henry Fredeen 9		
3) Louis Skaja 9	4) Calvin Skaja 9		
9 Grand Rapids	1:41.27	2	
1) Austin Prebeck 12	2) Herschel Christensen 12		
3) John Kopacek 11	4) Eli Nichols 12		
10 North Branch Area	1:41.97	2	
1) Luke Jensen 10	2) Owen Thorstenson 10		
3) Samuel Gilbert 9	4) Cohen Baker 8		
-- Hermantown	DQ	2	Exchange 2-3
1) Owen Simonson 10	2) Blake Amundson 10		
3) Kestan Bradley 10	4) Quinn Raukar 10		

Event 220 Girls 4x400 Meter Relay

Section: S 4:00.48 6/1/2024 North Branch, North Branch			
D Dick, D Esget, S Thorsen, E Kuhlman			
4:05.68 QUAL State Qualifier			
School	Finals	H#	Points
1 Hibbing	4:05.50 QUAL	2	10
1) Hannah Farnsworth 10	2) Tara Hertling 12		
3) Gianna Figueroa 12	4) Brynn Babich 11		
2 Proctor	4:10.07	2	8
1) Lily Smith 12	2) Sophie Folkestad 11		
3) Paige Evans 12	4) Gianna Hansen 11		
3 Totino-Grace	4:13.02	2	6
1) Precilia Kpoo 11	2) Breonna Hurry 12		
3) Berlyn Hartinger 9	4) Denitsa Zaharieva 12		
4 Hermantown	4:15.16	2	5
1) Kaija Markovich 9	2) Kenzie Johnson 9		
3) Claire Niksich 11	4) Campbell Amundson 12		
5 Duluth Denfeld	4:22.42	2	4
1) Julia Miletich 12	2) Ada Miletich 11		
3) Nayomi Jokinen 9	4) Cadel Pohl 8		
6 Grand Rapids	4:24.66	1	3
1) Lily Christenson 8	2) Kayla Jenkins 12		
3) Kaitlyn Olson 12	4) Lainie Jackson 10		
7 Rock Ridge	4:26.05	1	2
1) Marley Kaivola 8	2) Annalee Miller 7		
3) Kendall Collie 12	4) Addison Youngren 12		
8 Chisago Lakes	4:26.36	2	1
1) Kaia Osmundson 12	2) Averiana Gellerman 9		
3) McKaylie Malek 9	4) Annika Hall 9		
9 North Branch Area	4:28.72	1	
1) Savannah Schroepfer 8	2) Rachel Halseth 8		
3) Evelina Gilkerson 11	4) Ava Witkowski 9		
10 Cloquet	4:28.90	2	
1) Julia Ruhnke 9	2) Olivia Battaglia 10		
3) Lauren Hughes 11	4) Sarah Turner 12		

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Event 221 Boys 4x400 Meter Relay

Section: S 3:29.73 6/1/2024 Proctor, Proctor				
L Lyons, G Tabbert, Z McPhee, C Pease				
3:29.15 QUAL State Qualifier				
School		Finals	H#	Points
1 Totino-Grace		3:24.52SQUAL	2	10
1) Michael Strong 12	2) Matthew Lindgren 12			
3) Vince Jacob 12	4) Josiah Young 12			
2 Grand Rapids		3:30.08	2	8
1) Gunnar Larson 12	2) Reid Ketola 12			
3) Brenden Sylvester 11	4) Michel Nichols 9			
3 Rock Ridge		3:32.84	2	6
1) Leo Johnson 12	2) Adrian Rausch 11			
3) Luca Pellini 12	4) Jack Kendall 12			
4 Cloquet		3:34.86	2	5
1) Hudson Snedrud 12	2) Evan Rothamel 10			
3) Andrew Shepherd 11	4) Eli Heehn 10			
5 Hibbing		3:37.40	2	4
1) Lucas Arnhold 12	2) Whitaker Rewertz 9			
3) Jack Bottoms 10	4) Finn Eskeli 12			
6 Duluth Denfeld		3:42.48	1	3
1) Cole Abernethy 12	2) Josh Rock 12			
3) Aidan Meyers 9	4) Thomas Oppelt 9			
7 Chisago Lakes		3:43.56	2	2
1) Caiden Bonds 11	2) Kaden Osmundson 11			
3) Timothy Jakoblich 12	4) Biruk Killeen 12			
8 Proctor		3:44.92	1	1
1) Ian Dobosenski 12	2) Scott Reyelts 9			
3) Gavin Aho 10	4) Ryan Donahue 10			
9 North Branch Area		3:46.05	2	
1) Jordan Stumm 12	2) William Determan 9			
3) Parker Lindner 8	4) Brody Rothe 12			
10 Hermantown		3:46.49	1	
1) Landon Burg 11	2) Blake Amundson 10			
3) Zach Warner 12	4) Matthew Strukel 10			
11 Fridley		3:48.09	2	
1) Samuel Ayers 11	2) Ryleigh French 12			
3) Fuhad Salau 11	4) Ka'liiyl Andrews 9			

Event 222 Girls 4x800 Meter Relay

Section: S 9:32.61 6/1/2024 Hibbing, Hibbing				
T Hertling, J Strukel, J Anderson, M Sullivan				
9:50.98 QUAL State Qualifier				
School		Finals	Points	
1 Chisago Lakes		9:48.61 QUAL	10	
1) Kaia Osmundson 12	2) Kara Hall 8			
3) Lauren Kowarsch 11	4) Averiana Gellerman 9			
2 Hibbing		9:53.37	8	
1) Hannah Farnsworth 10	2) Ava Egan 7			
3) Avery Kukowski 10	4) Gianna Figueroa 12			
3 Rock Ridge		10:11.71	6	
1) Nora Stark 11	2) Mylah Murfin 8			

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....Event 222 Girls 4x800 Meter Relay

3) Makayla Waldron 12	4) Eve Steele 12	
4 Proctor	10:14.78	5
1) Ellie Pease 10	2) Paisley Kleiman 12	
3) Caitlin Wedge 10	4) Paige Evans 12	
5 Hermantown	10:28.99	4
1) Kenzie Johnson 9	2) Zoey Lucarelli 7	
3) Kenzie Davis 7	4) Morgan Panichi 10	
6 North Branch Area	10:38.69	3
1) Evelina Gilkerson 11	2) Ava Witkowski 9	
3) Vada Kester 7	4) Lilly Stelmack 8	
7 Grand Rapids	10:54.84	2
1) Cora Metelak 8	2) Ellie Kragthorpe 10	
3) Halle Karkela 9	4) Kayla Jenkins 12	
8 Cloquet	11:13.67	1
1) Jordan Linder 10	2) Vienna Rosebrock 9	
3) Audrey Berube 11	4) Alli Weix 10	
9 Totino-Grace	12:11.05	
1) Julianne Thomas 11	2) Elle Vandermyde 9	
3) Mara Thomas 9	4) Isabella Schimp 9	

Event 223 Boys 4x800 Meter Relay

Section: S 8:17.14 6/1/2024 Cloquet, Cloquet
 C Snesrud, E Rothamel, E Prosen, A Shepherd
 8:16.97 QUAL State Qualifier

School	Finals	Points
1 Cloquet	8:14.76SQUAL	10
1) Ian Berube 12	2) Aiden Korby 10	
3) Evan Rothamel 10	4) Andrew Shepherd 11	
2 Chisago Lakes	8:18.36	8
1) Kaden Osmundson 11	2) Nash Cooksley 9	
3) Remy Larsen 10	4) Biruk Killeen 12	
3 Hibbing	8:19.34	6
1) Brady Janezich 10	2) Silas Langner 12	
3) Jack Bottoms 10	4) Jake Walli 11	
4 Grand Rapids	8:22.97	5
1) Gunnar Larson 12	2) Zane Poenix 12	
3) Larson Curnow 12	4) Brenden Sylvester 11	
5 Rock Ridge	9:05.84	4
1) Nolan Peterson 11	2) Tyler Wudinich 11	
3) Colin Steele 10	4) Kaden Amundson 11	
6 Hermantown	9:20.94	3
1) Quinn Raukar 10	2) Zach Warner 12	
3) Kestan Bradley 10	4) Jordan Wilcox 10	
7 Proctor	9:34.61	2
1) Toby Schunk 11	2) Emmett Budisalovich 9	
3) Jacob Sellers 9	4) Ben Betterley 11	
8 Duluth Denfeld	10:30.51	1
1) Caleb Johnson 11	2) Andrew Bartling 10	
3) Noah Nielsen 9	4) Luke Letendre 9	
-- Totino-Grace	DQ	
1) Landon Vance 12	2) Noah Beitz 9	
3) Santiago Zamora 9	4) Ryan Lamb 9	

Participation Rule

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Event 224 Girls High Jump

Section: S 5-03 5/28/2025 Ginger Pogorelc, Grand Rapids				
Section: S 5-03 6/1/2022 Olivia Jameson, Cloquet				
5-01.00 QUAL State Qualifier				
Name	Year	School	Finals	Points
1 Ginger Pogorelc	11	Grand Rapids	5-03.00SQUAL	10
2 Ava Bringgold	12	Chisago Lakes	5-02.00 QUAL	8
3 Sarah Lumaya	10	Totino-Grace	4-10.00	6
4 KelliJoy Manninen	12	Proctor	4-10.00	5
5 Purpose Price	11	Totino-Grace	4-08.00	4
6 Sophia Thorsen	10	North Branch Area	4-08.00	3
7 Mikenna Fritzke	9	Chisago Lakes	4-08.00	1.50
7 Sophie Roark	11	Rock Ridge	4-08.00	1.50
9 Lauren Hughes	11	Cloquet	4-08.00	
10 Abigail Sather	11	Rock Ridge	4-08.00	
11 Addison Shuga	11	Chisago Lakes	4-06.00	
11 La'Rhia Long	9	Fridley	4-06.00	
13 Ava Schroeppfer	10	North Branch Area	4-06.00	
14 Peyton Walker	10	Proctor	4-06.00	
15 Aubree Lindahl	8	Grand Rapids	4-06.00	
16 Gianna Manning	10	Hibbing	4-06.00	
17 Amelia Lattimore	9	North Branch Area	4-04.00	
-- Julia Ruhnke	9	Cloquet	NH	
-- Sarah Turner	12	Cloquet	NH	
-- Raya Trigas	10	Proctor	NH	
-- Kira Chanthanpanya	9	Fridley	NH	
-- Tatiana Holets	7	Hermantown	NH	
-- Halle Karkela	9	Grand Rapids	NH	
-- Nex Nguyen	11	Fridley	NH	
-- Lahna Gelo	10	Rock Ridge	NH	
-- Isabella Rock	9	Duluth Denfeld	SCR	

Event 225 Boys High Jump

Section: S 6-04 6/4/2022 Kolbin Carter, Proctor				
6-01.00 QUAL State Qualifier				
Name	Year	School	Finals	Points
1 Trenton Jones-Wood	12	Fridley	6-05.00SQUAL	10
2 Josiah Young	12	Totino-Grace	6-04.00SQUAL	8
3 Blake Siefert	12	Chisago Lakes	6-00.00	6
4 Eli Heehn	10	Cloquet	5-10.00	4
4 Jacob Grabow	11	Chisago Lakes	5-10.00	4
4 Jacob Nelson	12	Cloquet	5-10.00	4
7 Jacob St. George	9	Hibbing	5-10.00	2
8 Daylen Wilson	11	Cloquet	5-10.00	1
9 Whitaker Rewertz	9	Hibbing	5-08.00	
10 Bryce Lien	9	Duluth Denfeld	5-08.00	
10 Colt Christensen	10	Grand Rapids	5-08.00	
12 Cohen Underhill	11	Chisago Lakes	5-08.00	
13 Tanner Homstad	11	Hermantown	5-06.00	
13 Ethan Pond	12	Rock Ridge	5-06.00	
15 Antonin Proulx	11	Hermantown	5-06.00	
16 Trey Cleveland	11	Grand Rapids	5-06.00	

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....Event 225 Boys High Jump

17 Aaron McMullen	10 Grand Rapids	5-04.00
18 Liam Murph	9 Rock Ridge	5-02.00
18 Aidan Reini	10 Hibbing	5-02.00
20 Quinn Raukar	10 Hermantown	5-02.00
20 Joel Knight	10 Proctor	5-02.00
-- Oscar Ziells	10 Proctor	NH
-- Keeovion Thomas	9 Duluth Denfeld	NH
-- Malique Nimely	9 Fridley	NH
-- Dhaylen Bachrodt	9 North Branch Area	NH
-- Isaac Bogatzki	10 Proctor	NH
-- Isaiah Luellen	11 Totino-Grace	SCR
-- Kaleb Lundberg	9 Duluth Denfeld	SCR
-- Zaid Lofton	9 Fridley	SCR

Event 226 Girls Pole Vault

Section: S 12-03 6/4/2022 Julia Gherardi, Hibbing					
10-00.00		QUAL State Qualifier			
Name	Year	School	Finals		Points
1 Ella Dick	11	North Branch Area	11-00.00	QUAL	10
2 Bene` Smith	12	Chisago Lakes	10-06.00	QUAL	8
3 Dakota Esget	12	North Branch Area	10-06.00	QUAL	6
4 Brooke Giese	11	North Branch Area	10-00.00	QUAL	5
5 Catharine Larson	12	Chisago Lakes	9-03.00		4
6 Julia Miletich	12	Duluth Denfeld	9-00.00		3
7 Alizah Langner	12	Hibbing	9-00.00		2
8 Sophie Roark	11	Rock Ridge	9-00.00		1
9 Brooklyn Bethke	10	Totino-Grace	8-06.00		
10 Maria Morrison	11	Totino-Grace	8-00.00		
11 Alli Weix	10	Cloquet	8-00.00		
12 Gianina Paulsen	10	Rock Ridge	8-00.00		
13 Miia Johnson	10	Rock Ridge	7-06.00		
13 Madelyn Brannan	10	Duluth Denfeld	7-06.00		
15 Emilia Swan	10	Totino-Grace	7-06.00		
16 Ada Miletich	11	Duluth Denfeld	7-00.00		
17 Daphne Wetzel	8	Hibbing	7-00.00		
-- Ellie Pease	10	Proctor	NH		
-- Stella Halter	9	Hibbing	NH		
-- Luisa Francis	11	Grand Rapids	NH		
-- Evelyn Wagner	8	Cloquet	NH		
-- Jaida Andrews	10	Proctor	NH		
-- Adreonna Bittner	12	Grand Rapids	NH		
-- Isabella McPhee	11	Proctor	NH		
-- Jordan Linder	10	Cloquet	NH		
-- Andrea Basarich	10	Grand Rapids	NH		

Event 227 Boys Pole Vault

=====						
Section: S 13-11 5/29/2024 Trent Guth, Chisago Lake						
12-11.00 QUAL State Qualifier						
Name		Year	School	Finals		Points
=====						
1	Nathaniel Bear	12	Chisago Lakes	13-00.00	QUAL	10

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....Event 227 Boys Pole Vault

2	Trent Guth	12	Chisago Lakes	11-11.00	8
3	Wylie Stenson	11	Hibbing	11-05.00	6
4	Reece Ringhofer	11	Hibbing	11-05.00	5
5	Broderick Berglin	11	Totino-Grace	10-11.00	4
6	Lincoln Battles	11	Chisago Lakes	10-11.00	3
7	Brody Rothe	12	North Branch Area	10-11.00	2
8	Austin Pellinen	10	Grand Rapids	10-05.00	1
9	Gavin Zigich	12	Duluth Denfeld	10-05.00	
10	Joel Linden	9	Cloquet	9-11.00	
11	Hollis Frost	11	Rock Ridge	9-05.00	
--	Logan Deleon	12	Rock Ridge	NH	
--	Jacob Sellers	9	Proctor	NH	
--	Noah Cunningham	10	Cloquet	NH	
--	Dakota Peterson	9	Proctor	NH	
--	William Stelmack	9	North Branch Area	NH	
--	Tim Nguyen	12	Totino-Grace	NH	
--	Alistair Medved	9	Totino-Grace	NH	
--	Zach Warner	12	Hermantown	NH	
--	Trevor Ranisate	9	Rock Ridge	NH	
--	Cody Major	9	Grand Rapids	NH	
--	Tyler Breitreutz	12	Hermantown	NH	
--	Austin Valento	12	Hibbing	NH	
--	James Nelson	9	Duluth Denfeld	NH	
--	Toby Schunk	11	Proctor	NH	
--	Lucas Varin	9	Grand Rapids	NH	
--	Eli Steinke	10	North Branch Area	NH	
--	Icen Russ-Selorigo	10	Cloquet	SCR	

Event 228 Girls Long Jump

Section: S 17-01.50 5/28/2025 Makenzie Lynch, Cloquet
 16-04.00 QUAL State Qualifier

Name	Year	School	Finals	Wind	H#	Points
1 Makenzie Lynch	10	Cloquet	17-01.50SQUAL	-0.5	3	10
2 Allison Fink	12	Rock Ridge	17-01.50SQUAL	1.2	3	8
3 Kira Suominen	9	Cloquet	16-04.00 QUAL	+0.0	3	6
4 Ella Kuhlman	12	North Branch Area	16-03.00	0.7	2	5
5 Rylee Moellering	9	Hibbing	15-10.25	1.1	3	4
6 Derrian Dick	12	North Branch Area	15-10.00	1.8	3	3
7 Bene` Smith	12	Chisago Lakes	15-10.00	+0.0	3	2
8 Eva Elnes	9	Hermantown	15-10.00	+0.0	2	1
9 Lily Smith	12	Proctor	15-08.75	+0.0	2	
10 Claire Roufs	11	Duluth Denfeld	15-05.75	0.4	3	
11 Precilia Kpoo	11	Totino-Grace	15-05.00	+0.0	3	
12 McKaylie Malek	9	Chisago Lakes	15-04.25	0.1	2	
13 Eden Appleby	12	Chisago Lakes	15-01.50	NWI	2	
14 Asaysha Olson	12	North Branch Area	15-01.00	0.3	2	
15 Alex Johnson	9	Duluth Denfeld	15-00.00	+0.0	1	
16 Olivia Battaglia	10	Cloquet	14-09.00	0.5	2	
17 Lillian Talarico	10	Proctor	14-08.50	+0.0	3	
18 Campbell Amundson	12	Hermantown	14-06.50	+0.0	1	
19 Haley Mount	10	Hibbing	14-05.00	1.1	3	
20 Kaitlyn Olson	12	Grand Rapids	14-05.00	+0.0	1	

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....Event 228 Girls Long Jump

21 Olivia Tapp	10 Totino-Grace	14-04.50	+0.0	2
22 Camryn Carter	11 Proctor	14-02.00	+0.0	1
23 Aubrie Hoard	11 Grand Rapids	14-01.25	0.2	1
24 Dakota Wakefield	10 Hermantown	13-09.00	+0.0	1
25 Avery Maturi	7 Rock Ridge	13-06.00	0.4	2
26 Sophie Rychart	9 Grand Rapids	13-05.00	0.3	1
27 Sophie Roark	11 Rock Ridge	13-01.00	+0.0	2
28 Ana Haugen	11 Duluth Denfeld	11-10.00	+0.0	1
29 Aylah Abate	11 Hibbing	11-08.50	-0.1	1

Event 229 Boys Long Jump

Section: S 21-10.25 6/1/2024 Fadel Johnson, Fridley
 20-09.00 QUAL State Qualifier

Name	Year	School	Finals	Wind	H#	Points
1 Cohen Underhill	11	Chisago Lakes	20-09.75 QUAL	2.3	3	10
2 Tanner Homstad	11	Hermantown	20-07.75	1.6	3	8
3 Osuman Miller	12	Fridley	20-07.75	1.1	3	6
4 Trenton Jones-Wood	12	Fridley	20-05.50	1.9	3	5
5 Owen Simonson	10	Hermantown	20-01.00	1.3	2	4
6 Josh Halseth	11	North Branch Area	19-09.00	0.4	3	3
7 Sawyer Williams	12	Rock Ridge	19-08.50	2.5	3	2
8 Cedric Onuoha	9	Duluth Denfeld	19-08.00	0.8	3	1
9 Jaylord Selorico	12	Cloquet	19-04.50	+0.0	3	
10 Nolan Weidenhamer	9	North Branch Area	18-08.50	0.9	2	
11 Wyatt Preteau	12	Cloquet	18-07.25	1.6	2	
12 Alden Knudson	12	Rock Ridge	18-07.00	0.2	2	
13 Reece Ringhofer	11	Hibbing	18-06.50	0.8	2	
14 Judah Appleby	10	Chisago Lakes	18-06.50	0.5	2	
15 Trey Cleveland	11	Grand Rapids	18-01.50	1.9	1	
16 Chase Erickson	11	Duluth Denfeld	17-11.50	1.5	2	
17 Matthew Strukel	10	Hermantown	17-11.00	1.6	2	
18 Taye Manns	12	Duluth Denfeld	17-11.00	1.5	3	
19 Zachary Sway	12	North Branch Area	17-10.50	1.1	2	
20 Michel Nichols	9	Grand Rapids	17-06.00	1.2	1	
21 Ben Bakk	9	Rock Ridge	17-00.25	1.0	2	
22 Judah Snell	9	Grand Rapids	16-10.50	0.8	1	
23 Milo Wilson	9	Cloquet	16-09.25	0.6	1	
24 Clayton Horst	10	Hibbing	16-09.00	2.6	1	
25 Dyson Griffin	9	Chisago Lakes	16-05.25	0.9	1	
26 Austin Valento	12	Hibbing	16-02.25	0.2	1	
27 Malique Nimely	9	Fridley	16-01.00	1.7	1	
28 Rocco Donofrio	10	Proctor	15-04.50	1.4	1	
-- Syl Berg	12	Totino-Grace	SCR	NWI	1	
-- Adriel Bestman	12	Totino-Grace	SCR	NWI	3	
-- Zack Gevara	10	Proctor	SCR	NWI	2	
-- Emmanuel Benson	12	Totino-Grace	SCR	NWI	3	

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Event 230 Girls Triple Jump

Section: S 35-03.25 6/4/2022 Taylor Wick, Cloquet						
35-06.00 QUAL State Qualifier						
Name	Year	School	Finals	Wind	H#	Points
1 Gianna Hansen	11	Proctor	36-09.25SQUAL	1.8	3	10
2 Allison Fink	12	Rock Ridge	35-07.00SQUAL	1.1	3	8
3 Makenzie Lynch	10	Cloquet	35-04.25S	1.4	3	6
4 Kendra Warren	12	Chisago Lakes	35-02.50	1.9	3	5
5 Kira Suominen	9	Cloquet	34-09.00	1.9	2	4
6 Ginger Pogorelc	11	Grand Rapids	34-03.50	1.3	3	3
7 Kallie Kopp	11	North Branch Area	33-07.25	1.8	2	2
8 Chelsea Stipe	10	Chisago Lakes	33-07.25	+0.0	3	1
9 Jacinda Wilcox	11	Rock Ridge	33-03.00	0.1	3	
10 Eden Appleby	12	Chisago Lakes	32-08.75	1.9	3	
11 Madison Podvin	12	Totino-Grace	32-00.50	2.1	3	
12 Kayla Jenkins	12	Grand Rapids	31-08.75	0.1	2	
13 Olivia Erickson	11	North Branch Area	31-08.75	0.8	2	
14 Dakota Esget	12	North Branch Area	31-08.00	1.1	3	
15 Lillian Talarico	10	Proctor	31-06.50	2.2	2	
16 Kaija Markovich	9	Hermantown	31-00.25	1.1	2	
17 Alex Johnson	9	Duluth Denfeld	30-11.00	1.0	2	
18 Jayden Larson	10	Proctor	30-10.00	0.3	2	
19 Ellie Dimberio	7	Rock Ridge	30-03.75	2.0	1	
20 Abigail Collins	12	Totino-Grace	29-11.75	2.1	2	
21 Dakota Wakefield	10	Hermantown	29-00.75	0.8	1	
22 Daphne Wetzel	8	Hibbing	28-10.75	0.2	1	
23 Anna Bergerson	9	Hermantown	28-08.25	2.4	1	
24 Hannah Brula	12	Grand Rapids	27-04.00	2.4	1	
25 Abigail Stone	9	Cloquet	26-10.00	1.6	1	
-- Grace Mount	11	Hibbing	FOUL		1	
-- Olivia Tapp	10	Totino-Grace	FOUL		2	
-- Isabella Rock	9	Duluth Denfeld	SCR	NWI	1	
-- Vivian Damjanovich	7	Hibbing	SCR	NWI	1	

Event 231 Boys Triple Jump

Section: S 46-11 5/29/2024 Fadel Johnson, Fridley						
42-04.00 QUAL State Qualifier						
Name	Year	School	Finals	Wind	H#	Points
1 Judah Appleby	10	Chisago Lakes	42-06.50 QUAL	+0.0	3	10
2 Alden Knudson	12	Rock Ridge	41-06.00	+0.0	3	8
3 Daylen Wilson	11	Cloquet	41-02.75	+0.0	3	6
4 Josh Halseth	11	North Branch Area	41-00.25	0.7	3	5
5 Tanner Homstad	11	Hermantown	40-11.75	+0.0	3	4
6 Jacob Nelson	12	Cloquet	40-05.50	+0.0	3	3
7 Landon Burg	11	Hermantown	40-03.00	+0.0	2	2
8 Blake Siefert	12	Chisago Lakes	39-07.75	+0.0	3	1
9 Josh Rock	12	Duluth Denfeld	39-00.50	+0.0	3	
10 Cedric Onuoha	9	Duluth Denfeld	38-06.50	0.9	3	
11 William Determan	9	North Branch Area	37-06.75	+0.0	2	
12 Trey Cleveland	11	Grand Rapids	37-04.50	0.8	2	
13 Carter Lust	10	Cloquet	37-04.25	+0.0	2	
14 Bradyn Scholl	10	Grand Rapids	36-07.00	0.9	2	

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15 Ethan Pond	12 Rock Ridge	36-06.25	+0.0	2
16 Kestan Bradley	10 Hermantown	36-04.25	0.7	1
17 Gavin Aho	10 Proctor	36-03.75	0.4	2
18 Joseph Schlaefer	11 Totino-Grace	35-07.25	0.4	1
19 Reece Ringhofer	11 Hibbing	35-04.50	0.4	2
20 Ashton Novak	10 Rock Ridge	35-04.50	+0.0	1
21 Evan Abate	9 Hibbing	34-08.50	+0.0	1
22 Mikko Boben	9 Hibbing	34-07.75	+0.0	1
23 Fuhad Salau	11 Fridley	33-02.00	0.1	1
24 Jacob Jennings	12 Duluth Denfeld	33-00.25	+0.0	1
25 Lukas White	11 Proctor	32-11.75	+0.0	1
26 Dyson Griffin	9 Chisago Lakes	32-04.25	+0.0	2
27 Jayden Gibson	10 Totino-Grace	31-08.25	+0.0	1

Event 232 Girls Discus Throw

Section: S 118-06 6/1/2022 Seija Suominen, Cloquet
 109-00 QUAL State Qualifier

Name	Year School	Finals	H#	Points
1 Madison Eagle	9 Chisago Lakes	110-01.00 QUAL	3	10
2 Linnea Carlson	10 Chisago Lakes	110-00.00 QUAL	3	8
3 Ava Luiten	11 Cloquet	108-08.00	3	6
4 Cora Lord	12 Hermantown	96-00.00	3	5
5 Freya Lopez	11 Cloquet	92-09.00	3	4
6 Isabelle Walto	12 Hibbing	92-02.00	3	3
7 Addison Sandman	12 Cloquet	89-01.00	3	2
8 Sakaya Nimely	12 Fridley	89-00.00	3	1
9 Ava Neururer	11 Grand Rapids	88-00.00	2	
10 Olive Holden	12 Hermantown	83-04.00	2	
11 Adrionna Vittori	10 Hibbing	82-05.00	2	
12 Aubrey Scharpf	12 Grand Rapids	82-01.00	2	
13 Brooklyn Maki	10 North Branch Area	78-05.00	3	
14 Yazmin Vazquez	12 Rock Ridge	78-04.00	1	
15 Madison Roen	11 Rock Ridge	78-04.00	1	
16 Georgia Duffy	11 Rock Ridge	73-07.00	2	
17 Destiny Mackie	10 Hibbing	72-00.00	2	
18 Annika Tveiten	12 Hermantown	71-06.00	3	
19 Addison Miner	11 Duluth Denfeld	71-04.00	2	
20 Greta Cady	11 North Branch Area	69-11.00	2	
21 Ileini Hirt	11 Duluth Denfeld	69-00.00	1	
22 Addysen Lelm	9 North Branch Area	68-00.00	1	
23 Marlene Ericson	10 Grand Rapids	67-11.00	2	
24 Alexis Vogel	10 Proctor	66-00.00	2	
25 Janitzia Pineda-Ch	10 Fridley	63-09.00	1	
26 Hannah Ryss	10 Proctor	63-04.00	1	
27 Britta Hansen	9 Proctor	58-11.00	1	
28 Annabelle Anderson	10 Fridley	55-10.00	1	
29 Gabriella Januschk	10 Totino-Grace	53-07.00	1	
30 Stephanie Onofre C	10 Totino-Grace	50-08.00	1	
-- Aisha Roche	12 Chisago Lakes	FOUL	3	
-- Lucy Bell	11 Duluth Denfeld	SCR	2	DNS Discus

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Event 233 Boys Discus Throw

Section: S 160-04 6/1/2024 Zak McPhee, Proctor					
148-11 QUAL State Qualifier					
Name	Year	School	Finals	H#	Points
1 Aidan Adamski	12	Hermantown	146-01.00	3	10
2 Mason Johnson	10	Grand Rapids	145-03.00	3	8
3 Max Sundquist	12	Cloquet	136-07.00	3	6
4 William Pearson	10	Chisago Lakes	134-11.00	3	5
5 Neo Carlson	10	Hermantown	131-06.00	3	4
6 Brandon Brula	10	Grand Rapids	127-06.00	3	3
7 Charles Boarman	11	Chisago Lakes	125-10.00	3	2
8 Evan Senst	12	Hermantown	121-01.00	3	1
9 Gabriel Hoffman	10	Grand Rapids	113-02.00	3	
10 Tiergan Tollefson	10	Rock Ridge	112-10.00	2	
11 Everett Schutta	12	Totino-Grace	110-00.00	2	
12 Ben Frerich	11	Cloquet	109-00.00	3	
13 Calvin McIntosh	12	Totino-Grace	105-11.00	2	
14 Joseph Radich	11	Chisago Lakes	104-11.00	2	
15 Jack Stella	12	Rock Ridge	104-00.00	2	
16 Ethan Holmberg	11	North Branch Area	102-06.00	2	
17 Trey Ericksen	11	Duluth Denfeld	100-08.00	3	
18 Samuel Ayers	11	Fridley	98-01.00	1	
19 Marcquist Holiday	12	Fridley	98-00.00	1	
20 Joseph Marchetti	11	Hibbing	95-03.00	2	
21 Ben Betterley	11	Proctor	92-00.00	1	
22 Blake Archibald	9	Proctor	91-11.00	1	
23 Liam Starkey	10	North Branch Area	86-04.00	1	
24 Tairell Manns	11	Duluth Denfeld	83-09.00	2	
25 Osmar Colero Domin	11	Totino-Grace	80-11.00	1	
26 Evan Wolverton	9	Fridley	76-09.00	1	
27 Tim Scholz	10	Proctor	73-02.00	1	
28 Ben Bakk	9	Rock Ridge	66-08.00	1	
-- Corbin Crowe	8	Hibbing	FOUL	2	
-- Hunter Eugenis	12	Cloquet	FOUL	2	
-- Rylan Merritt	10	Duluth Denfeld	FOUL	1	
-- Mitchell Lutz	9	North Branch Area	SCR	1	DNS Shot Put
-- Sam Blevins	11	Hibbing	SCR	2	

Event 234 Girls Shot Put

Section: S 38-01 6/4/2022 Sydney Fitzgerald, Rock Ridge					
35-08.00 QUAL State Qualifier					
Name	Year	School	Finals	H#	Points
1 Laura Carlson	12	Chisago Lakes	37-06.25 QUAL	3	10
2 Madison Eagle	9	Chisago Lakes	35-10.00 QUAL	3	8
3 Mariana Cooksley	11	Chisago Lakes	33-11.00	3	6
4 Presley Tapani	12	Proctor	31-07.50	3	5
5 Asaysha Olson	12	North Branch Area	31-00.00	3	4
6 Brooklyn Maki	10	North Branch Area	30-10.50	3	3
7 Lola Witty	11	Proctor	30-09.00	3	2
8 Sakaya Nimely	12	Fridley	29-06.50	2	1
9 Isabelle Walto	12	Hibbing	29-05.00	3	
10 Yazmin Vazquez	12	Rock Ridge	29-03.75	3	

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11 Freya Lopez	11 Cloquet	28-05.75	3
12 Cora Lord	12 Hermantown	27-09.00	2
13 Adrionna Vittori	10 Hibbing	27-08.75	2
14 Madison Roen	11 Rock Ridge	27-04.00	2
15 Annika Tveiten	12 Hermantown	27-00.25	2
16 Ava Luiten	11 Cloquet	26-06.50	2
17 Jocelyn Stillwell	11 Cloquet	26-05.00	2
18 Addison Miner	11 Duluth Denfeld	25-07.00	1
19 Georgia Duffy	11 Rock Ridge	25-06.75	2
20 Ava Neururer	11 Grand Rapids	25-02.00	2
21 Aiyanna Shobe	11 Fridley	25-01.50	1
22 Aylah Abate	11 Hibbing	25-01.00	2
23 Addison Smith	9 Grand Rapids	24-07.50	1
24 Makea Niewind	11 Grand Rapids	23-07.50	1
25 Nex Nguyen	11 Fridley	22-11.00	1
26 Shelby Beito	10 Proctor	22-07.00	1
27 Stephanie Onofre C	10 Totino-Grace	21-01.25	1
28 Megan Sweeney	9 Hermantown	20-05.75	1
29 Gabriella Januschk	10 Totino-Grace	20-03.75	1
30 Ileini Hirt	11 Duluth Denfeld	19-09.50	1
-- Lucy Bell	11 Duluth Denfeld	SCR	2
-- Heidi Hedberg	11 North Branch Area	SCR	3

Event 235 Boys Shot Put

Section: S 56-10 6/1/2022 Jackson Weston, Grand Rapids
 49-08.00 QUAL State Qualifier

Name	Year School	Finals	H#	Points
1 Evan Senst	12 Hermantown	50-00.50 QUAL	3	10
2 William Pearson	10 Chisago Lakes	46-04.00	3	8
3 Aidan Adamski	12 Hermantown	46-00.50	3	6
4 Everett Otte	10 Chisago Lakes	45-05.50	3	5
5 Ethan Boe	11 Rock Ridge	45-05.25	3	4
6 Marcello Cardoni	12 Chisago Lakes	44-02.50	3	3
7 Mason Johnson	10 Grand Rapids	43-04.75	2	2
8 Brandon Brula	10 Grand Rapids	42-10.00	3	1
9 Theo Thomas	12 Totino-Grace	42-09.50	3	
10 Max Sundquist	12 Cloquet	42-02.50	3	
11 Tairell Manns	11 Duluth Denfeld	39-10.00	3	
12 Henry Sherwood	11 Hermantown	39-08.25	3	
13 Jack Stella	12 Rock Ridge	39-05.75	2	
14 Joseph Robinson	12 Cloquet	39-04.75	2	
15 Omar Helal	10 Grand Rapids	37-09.75	2	
16 Francis Bassie	12 Totino-Grace	36-07.25	2	
17 Hunter Eugenis	12 Cloquet	36-05.00	1	
18 Calvin McIntosh	12 Totino-Grace	36-04.50	2	
19 Trey Ericksen	11 Duluth Denfeld	36-02.25	2	
20 Corbin Crowe	8 Hibbing	36-01.00	2	
21 Rumen Yattor	12 Fridley	33-05.75	2	
22 Elijah Goode	9 Proctor	33-01.00	1	
23 Ethan Holmberg	11 North Branch Area	33-01.00	1	
24 Joseph Marchetti	11 Hibbing	32-09.00	1	
25 Liam Starkey	10 North Branch Area	32-06.00	1	

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26 Gabe Saatela	12 Rock Ridge	31-09.00	2
27 Don Blackmore	10 Duluth Denfeld	29-07.00	1
28 Anthony Beasley	12 Proctor	29-01.00	1
29 Marquisse McCarter	10 Fridley	28-04.00	1
30 Evan Wolverton	9 Fridley	28-03.75	1
31 Jonathon Gibson	11 Proctor	26-06.00	1
-- Mitchell Lutz	9 North Branch Area	SCR	1
-- Sam Blevins	11 Hibbing	SCR	2

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Women - Team Rankings - 18 Events Scored

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1) Chisago Lakes	143.50	2) North Branch Area	94
3) Cloquet	78	4) Hibbing	76
5) Proctor	65	6) Rock Ridge	61.50
7) Hermantown	56	8) Grand Rapids	46
9) Totino-Grace	42	10) Duluth Denfeld	38
11) Fridley	2		

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Men - Team Rankings - 18 Events Scored

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1) Chisago Lakes	106	2) Cloquet	99
2) Hermantown	99	4) Totino-Grace	92
5) Rock Ridge	77	6) Fridley	55
7) Hibbing	44	7) Grand Rapids	44
9) North Branch Area	36	10) Proctor	28
11) Duluth Denfeld	22		